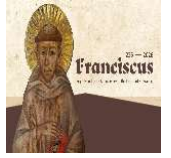




THE PILGRIM

St. Francis of Assisi Roman Catholic Church E15 1BJ

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Office Hours: Mon-Fri 09:30-15:00



“A fraternal and hearty welcome to the new members of our Parish Community and all visiting sisters and brothers”

14TH SUNDAY IN ORDINARY TIME

05 JULY 2025

READ First Reading: Zechariah 9:9-10

Responsorial Psalm: I will bless your name forever, my God and king.

Second Reading: Romans 8:9. 11-13

Gospel Reading: Matthew 11:25-30

He will be by our side.

Zechariah prophesies about the day the King will enter His city to restore Israel's land and people, bringing peace to all. Paul conveys to the Romans that those who believe in the Lord do not live in the flesh but in the Spirit of the Risen Lord. Thus, they will no longer live according to the ways of the flesh or in ways contrary to God's will, but instead will walk in the Spirit of God. In the gospel, Jesus invites His disciples to learn from Him, as He is gentle and meek.

REFLECT: Jesus invites us to "take my yoke upon you, for my yoke is easy and light." He recognizes that life comes with its share of pain and burdens. Rather than promising to eliminate all our struggles as we follow Him, God assures us that He will be by our side during our most challenging moments, providing the strength we need to keep moving forward. He encourages us to learn from Him, trusting in the Father's love as He faced the challenges of His mission. How much are we willing to surrender to God? Are we genuinely convinced of His presence and support as we navigate life's difficulties?

RESPOND: Offer your heart and ears to those who feel burdened by life.

Prayer: Father, please help me to hold on when life gets difficult, trusting that You are with me.

Source: Bible Diary 2026, Claretian Publications Foundation, Inc, QC, Phil.

PLEASE BE INFORMED

All the friars will be away from **Monday, 6 July, to Friday, 10 July 2026**, as they attend the Provincial Chapter in Dromantine, Newry, Co. Down.

A visiting priest will celebrate the **12:15 p.m. Mass** each day from Monday to Friday, so this Mass will continue as usual.

Please note, however, that **Eucharistic Adoration and the 7:00 p.m. Mass are cancelled** during this period.

Our regular schedule will resume on **Wednesday, 15 July 2026**, with **Eucharistic Adoration** and the **7:00 p.m. Mass**.

We kindly ask you to keep all the friars attending the Provincial Chapter in your prayers. May the Holy Spirit guide and inspire them throughout their deliberations, especially as they discern and elect the new Provincial Definitory. Thank you for your prayers and understanding.

PASTORAL TEAM

- **Fr. Reu Jose C. Galoy, OFM, Parish Priest**
- **Fr. Yusuf Bagh, OFM, Guardian**
- **Fr. Desire Niyonkuru, OFM**
- Ms. Kathleen Allen, Parish Secretary
- Mr. Derek Hoddy, Pastoral Assistant

MASS TIMES

- Sun - 6.00pm (Sat), 9:00 am, 10:15 am, 12:00 pm, 4:30 pm (Ukrainian Mass)
- Youth Mass – 1st Sunday of the Month at 10:15am.
- Mon - Fri: 12:15pm
Wed - 07:00pm
Sat - 10:00am
- **Exposition of the Blessed Sacrament**
Wed: 01:00pm – 06:00pm
Sat: 10:30am – 11:30 am
- **Reconciliation**
Wed: 05:00pm - 06:00pm
Sat: 10:30am - 11:30am, 05:00pm - 05:45pm & by Appointment
- **Novena/Rosary**
Tue: St. Anthony 12:45pm
Wed: Franciscan Crown 01:30pm
Divine Mercy 03:00pm
Mo. of Perpetual Help 05:00pm
Holy Rosary 06:00pm
Sat: Morning Prayer 09:40am

FRANCISCAN JUBILEE YEAR

The Church is OPEN

every WEDNESDAY

after the 12:15pm MASS for

ADORATION and PRAYER

MASS INTENTIONS Sunday 5 July 2026 - Saturday 11 July 2026

Sun	5 JULY 9AM	SI - SEAN GERAGHTY & FAMILY	Wed	8 JULY 12:15	RIP (NM) MR P.O, JOSEPH
Sun	5 JULY 10:15	SI - PAULINE LAMBERT	Wed	8 JULY 7PM	POPE LEO XIV
Sun	5 JULY 12 Noon	RIP (M) - CHRIS KEADY AND BD (F) RITA BOLANOS	Thur	9 JULY 12:15	FUNERAL MASS - IAN OSAKWE RIP
Mon	6 JULY 12:15	RIP (F) ROSE EDWARDS AND TG JULIETA DOURADO	Fri	10 JULY 12:15	FUNERAL MASS - PETER FLEMING RIP
Tues	7 JULY 12:15	SI - MAURO IANNICELLI	Sat	11 JULY 10AM	PEOPLE OF THE PARISH
			Sat	11 JULY 6PM	RIP/ANNIV (F) PEARLETTA BRAMBLE & RIP/ANNIV (f) -ESTRELLA FURENTEBELLA

TG - Thanksgiving, SI - Special Intention, BD - Birthday, WA - Wedding Anniversary, ST - Safe Travel, GH - Good Health, SR - Speedy Recovery, RIP - Death/Death Anniversary

FRANCISCAN JUBILEE YEAR

Blessed the man who is patient with his neighbours shortcomings, as he would like him to be, if he were in a similar position himself.

Words of St Francis.

Franciscan Jubilee Pilgrim Stamp Available

Pilgrims visiting our parish may receive the St. Francis of Assisi Pilgrim Stamp. If you would like your pilgrim passport stamped, please approach the priest celebrant after Mass or at another appropriate time.

Franciscan Mission Union

Please Visit the FMU Office!

As you make your way to or from the parking lot, we warmly invite you to stop by the **Franciscan Missionary Union (FMU) Office**, conveniently located below the Sacristy.

The FMU Office is our link to the Franciscan missions throughout the world. We invite you to become a **Mission Partner** in whatever way you are able, helping to support the Church's missionary work and the ministry of the Franciscans.

Our friendly volunteers will be delighted to welcome you, answer your questions, and assist you.

Thank you for your generosity and support. May the Lord richly bless you and your loved ones.

St. Anthony of Padua,
the Patron Saint of the Franciscan Mission,
pray for us!

Our Franciscan Jubilee Campaign is ongoing!

Join us in bringing hope to those in need by helping us provide **clothing, nutritious meals for children, and clean water.**

Kindly drop off your donation at the **FMU Office.**

Thank you for your generosity and support. May God bless you abundantly!



**MAY THE GOOD LORD BLESS YOU
FOR YOUR SUPPORT & LOVE OFFERING**
FOR THE FRANCISCAN JUBILEE YEAR ACTIVITIES
The donation box is located below the image of
St. Francis of Assisi

**THE NEXT SECOND COLLECTION is on
15 July 2026** for "**Stella Maris**" formerly
known as The Apostleship of the Sea.

FUNERAL MASSES AT ST FRANCIS

There will be two funerals here, as follows:-

Thursday 9th July 2026. Mr Ian Osakwe, RIP

Friday 10th July 2026 Mr Peter Fleming, RIP.

**May their souls, and the souls of all the
faithful departed, rest in peace. Amen.**

BI-ANNUAL MASS AT ST PATRICKS CEMETERY

The Bi Annual Mass will take place on
Monday 13th July 2026 at 11:30am in
the Cemetery Chapel. Everyone welcome.

Health and Safety.

If any Parishioner works in the area of Health and Safety or has a solid grasp of Health and Safety legislation, our priests and our Finance Committee would welcome your experience on a voluntary basis. If you have the relevant experience and are interested in volunteering please call Sarah McKiernan on 07778 868827 for more information

Parish seaside outing to Dovercourt

on Saturday 15 August - Price £20 - Children £5 -call Sarah Price can be subsidised for anyone unable to pay full price - Call Sarah on 07778 868827 to book

Fr Brian's 100th Birthday

There will be a parish celebration for Fr Brian's 100th Birthday on Saturday 1st August following 6pm Mass.

*Please sign the card at the back of the church.
Please bring food to share (and if possible, let us
know what you are bringing by adding yourself to
the list at the back of the church).*

Come and join in on the evening.

Woodford Friary Fr Brian's 100th Birthday

The Friars at Woodford cordially invite our Friars and Parishioners to celebrate Fr Brian's birthday, on **Saturday 25th July 2026**, starting with Mass at 2pm, followed by, tea and cake in the Hall at Woodford.