



THE PILGRIM

St. Francis of Assisi Roman Catholic Church E15 1BJ.

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Office Hours: Mon-Fri 09:30-15:00



“A fraternal and hearty welcome to the new members of our Parish Community and all visiting sisters and brothers”

12TH SUNDAY IN ORDINARY TIME & FATHERS DAY

21 JUNE 2026

READ First Reading: Jeremiah 20:10-13

Responsorial Psalm: In your great mercy, answer me O Lord.

Second Reading: Romans 5:12-15

Gospel Reading: Matthew 10:26-30

Let us not lose focus but call on God.

Jeremiah calls on God for help when his enemies persecute him for proclaiming the word of God and denouncing their unfaithfulness. He trusts God to save him. In his letter to the Romans, St. Paul states that while sin entered the world through one man, salvation came through the just man, Jesus Christ. In the Gospel, Jesus assures his disciples that they are precious to God, as they are worth more than many sparrows.

REFLECT: The Lord reminds his disciples not to fear what may happen in their lives while following Him. They are loved by God, just as God cares for the sparrows in the field and counts the hairs on their heads. Jeremiah expressed the same confidence in the Lord as he faced persecution during his ministry as God's prophet. In our lives, too, as disciples of Christ, we encounter trials and difficulties. We may lose courage along the way. But we are reminded today that God watches over each of us, and we need not worry. When the journey feels heavy and tiring, let us not lose focus but call on God. He who gave up His Son for us will not fail us.

RESPOND: Pray for the gift of a trusting heart.

Prayer: Lord, help me to trust in you as the prophets did so that I may remain your faithful servant.

Source: Bible Diary 2026, Claretian Publications Foundation, Inc, QC, Phil.

PASTORAL TEAM

- **Fr. Reu Jose C. Galoy, OFM, Parish Priest**
- **Fr. Yusuf Bagh, OFM, Guardian**
- **Fr. Desire Niyonkuru, OFM**
- Ms. Kathleen Allen, Parish Secretary
- Mr. Derek Hoddy, Pastoral Assistant

MASS TIMES

- Sun - 6.00pm (Sat), 9:00 am, 10:15 am, 12:00 pm, 4:30 pm (Ukrainian Mass)
- Youth Mass – 1st Sunday of the Month at 10:15am.
- Mon - Fri: 12:15pm
- Wed - 07:00pm
- Sat - 10:00am
- **Exposition of the Blessed Sacrament**
Wed: 01:00pm – 06:00pm
Sat: 10:30am – 11:30 am
- **Reconciliation**
Wed: 05:00pm - 06:00pm
Sat: 10:30am - 11:30am, 05:00pm - 05:45pm & by Appointment
- **Novena/Rosary**
Tue: St. Anthony 12:45pm
Wed: Franciscan Crown 01:30pm
Divine Mercy 03:00pm
Mo. of Perpetual Help 05:00pm
Holy Rosary 06:00pm
Sat: Morning Prayer 09:40am

FRANCISCAN JUBILEE YEAR

The Church is OPEN

every WEDNESDAY

after the 12:15pm MASS for

ADORATION and PRAYER

MASS INTENTIONS Sunday 21 June 2026 – Saturday 27 June 2026

Sun	21 JUNE 9AM	FMU
Sun	21 JUNE 10:15	FMU
Sun	21 JUNE 12 Noon	RIP (F) LEONA CONNOLLY
Mon	22 JUNE 12:15	FMU
Tues	23 JUNE 12:15	RIP (M) FRANCIS AVERY

Wed	24 JUNE 12:15	RIP (M) BILL JACKSON
Wed	24 JUNE 7PM	FRA IDEN McGRATH, OFM
Thur	25 JUNE 12:15	FMU
Fri	26 JUNE 12:15	FMU
Sat	27 JUNE 10AM	PEOPLE OF THE PARISH
Sat	27 JUNE 6PM	BD -VINCENT CABEY AND RIP/ANNIV MICHAEL O'NEILL

TG - Thanksgiving, SI - Special Intention, BD - Birthday, WA - Wedding Anniversary, ST - Safe Travel, GH - Good Health, SR - Speedy Recovery, RIP - Death/Death Anniversary

FOR YOUR SUPPORT & LOVE OFFERING
FOR THE FRANCISCAN JUBILEE YEAR ACTIVITIES

The donation box is located below the image of
St. Francis of Assisi

FRANCISCAN JUBILEE YEAR

“A person is really poor in spirit when he hates himself and loves those who strike him in the face.”

(Mt 5:39).

Writings of St Francis

FRANCISCAN MISSION MONTH

June 01-30, 2026

ST. ANTHONY OF PADUA

Patron Saint of Franciscan Mission

Please see the Posters for full details.

THE SECOND COLLECTION ON 28TH JUNE 2026 IS FOR “PETERS PENCE”

THE SECOND COLLECTION TODAY IS “DAY FOR LIFE”

Today, we mark the Day for Life under the theme “The Wonder of the Child in the Womb.” The theme also recognises the loss of children who died before birth and the grief of their parents. The bishops’ message and prayers can be found on the Day for Life website: www.dayforlife.org. The second collection will go towards the Day for Life Fund, which distributes grants to organisations that promote respect for life from conception until natural death. You can also donate online via the Day for Life website.

Franciscan Mission Month

The month of June is designated as **Franciscan Mission Month**, with **St. Anthony**, the Patron Saint of the Franciscan Mission, at the heart of our celebration.

We also encourage everyone to take a few moments to view the posters displayed around the church for information on the various activities and events planned throughout the month.

Franciscan Missionary Union (FMU)

Those who wish to become partners of the Franciscan Missionary Union (FMU Stratford) are invited to complete a registration form, available at the back of the church. Kindly fill in and sign the form, then place it in the designated FMU Box.

You are also welcome to visit the FMU Office for further information about its mission, objectives, and programmes, and to learn about opportunities to serve as a volunteer and/or donor. Feel free to drop by for a chat over a cup of tea or coffee. Office hours are posted for your guidance.

Franciscan Jubilee (Pilgrim Stamp Available)

Pilgrims visiting our parish may receive the St. Francis of Assisi Pilgrim Stamp. If you would like your pilgrim passport stamped, please approach the priest celebrant after Mass or at another appropriate time.

A DAY OF PRAYER AND FASTING. On Tuesday 23rd June, please pray and fast for the end of abortion and euthanasia in this country. Your prayer and fasting is urgently needed. For information on the days of Prayer and Fasting contact The Good Counsel Network on 020 7723 1740, or via www.goodcounselnetwork.com

Parish Coach Pilgrimage to Aylesford
Sunday 28 June - price £20 - Children £5 - call Sarah on 07778 868827 to book
St Francis Knight's and Bubbly Club
St Francis Social on 4 July - a St Francis themed event. Tickets £15 per adult, £5 per child under 12. On sale now at the back of the church. Come and enjoy the feast.

Parish seaside outing to Dovercourt
on Saturday 15 August - Price £20 - Children £5 - call Sarah Price can be subsidised for anyone unable to pay full price - Call Sarah on 07778 868827 to book

THE BUBBLY CLUB

The Friars would like to take this opportunity to thank the Bubbly Club, for taking charge of the Collection of Clothing for *The Jubilee*.
God bless you all.

Youth Deanery Event
on Sunday 21st June 2026 at
Our Lady of Compassion Upton Park.
The Event starts at 5pm at **Our Lady of Compassion Parish Hall Upton Park**, with Games and Refreshments, followed by Mass at 7pm.



MAY THE GOOD LORD BLESS YOU