



THE PILGRIM

St. Francis of Assisi Roman Catholic Church E15 1BJ.

Official Bulletin published by the Parish Office, 160 The Grove, Stratford, London E15 1NS

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“A fraternal and hearty welcome to the new members of our Parish Community and all visiting sisters and brothers”



29th SUNDAY IN ORDINARY TIME/MISSION SUNDAY

19 October 2025
“Persevere in Prayer”

READ First Reading: Exodus 17:8-13

Responsorial Psalm: *Our help is in the name of the Lord, who made heaven and earth.*

Second Reading: 2 Timothy 3:14-4:2

Gospel Reading: Luke 18:1-8

When Moses’ arms are raised to God, the Israelites win the battle. Paul urges Timothy to keep preaching even when it is unpopular. Christ teaches about perseverance in prayer through the parable of the widow and the unjust judge.

REFLECT: Weariness can overtake us both in activity and in prayer. The challenges we face at work or at home can weigh us down, a bit like Moses’ arms. We can find it hard to carry the burden further. Likewise, in prayer we may have prayed long and hard about a difficult situation and still it persists. Again, like Moses, the raising of our arms in prayer might fall in weariness, in doubt or despair. Christ encourages us to persevere in our prayer, and not to give up in the dark, heavy times. However, we are to remember that Moses’s arms were held up by others. He couldn’t do it alone. Similarly, we are to remember the communion we have with others in the Church and support them when they are struggling in life or in prayer. We hold each other up, so that together we persevere in our pleading with God and in our fidelity to him.

RESPOND: Offer practical support to someone today.

Pray: *Hold others up to God in your prayer today.*

Source: Bible Diary 2025, Claretian Publications Foundation, Inc, QC, Phil.

PASTORAL TEAM

- **Fr. Reu Jose C. Galoy, OFM, Parish Priest**
- **Fr. Yusuf Bagh, OFM, Guardian**
- **Fr. Desire Niyonkuru, OFM**
- **Fr. Mariusz Linik, OFM**

- Ms. Kathleen Allen, Parish Secretary
- Mr. Derek Hoddy, Pastoral Assistant

MASS TIMES

- Sun - 6.00pm (Sat), 9:00 am, 10:15 am, 12:00 pm, 4:30 pm (Ukrainian Mass)
- Mon - Fri: 12:15 pm, Wed: 7:00 pm, Sat 10:00 am

- **Exposition of the Blessed Sacrament**
Sat: 10:30 am – 11:30 am

Reconciliation

- Sat: 10:30 am - 11:30 am, 5:00 pm - 5:45 pm & by Appointment

Novena/Rosary

- Tue: St. Anthony: 12:45 pm
- Wed: Holy Rosary: 6:30 pm
- Sat: Morning Prayer: 9:40 am

MASS INTENTIONS Sunday 19 October 2025 – Saturday 25 October 2025

Sun 19 OCT 9:00 RIP (M) MICHAEL McNAMARA
Sun 19 OCT 10:15 TG (M) NOEL
Sun 19 OCT 12:00 BD ANA CRAVEIRO

Mon 20 OCT 12:15 RIP (F) PATRICIA GUERIN

Tues 21 OCT 12:15 SI (F) SHIRLEY

Wed 22 OCT 12:15

Wed 22 OCT 12:15

Thu 23 OCT 12:15

Fri 24 OCT 12:15

Sat 25 OCT 10:00

Sat 25 OCT 6:00

RIP (F) MARIA SARNO MONZON

RIP ANNIV (F) NICOLE LEE

RIP/BD (M) THOMAS BRAMBLE,

SI - CABEY & CORIETTE FAMILY &

SI - BRAMBLE AND ELLIS FAMILY

RIP ANNIV (M) LAURENT

GORDMAINER

PEOPLE OF THE PARISH

WA 45 YEARS GRETA & LINDSAY

TG - Thanksgiving, SI - Special Intention, BD - Birthday, WA - Wedding Anniversary, ST - Safe Travel, GH - Good Health, SR - Speedy Recovery, RIP - Death/Death Anniversary

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<https://tinyurl.com/vtk8vsc4> or
<https://stfrancisassistratford.com/newsletters>



Stay up-to-date with the latest parish events and announcements – join our new WhatsApp Channel! Scan the QR code below or visit:
<https://tinyurl.com/4weu2nh6> or
<https://whatsapp.com/channel/0029VbA3Xba6xCSIP3JJia0I>



Support our parish and its mission. Donate Now by scanning the QR code below or visiting the Diocese link (please remember to select our Stratford parish):

<https://tinyurl.com/36m53d54> or
<https://www.dioceseofbrentwood.net/donations>



MISSION SUNDAY: At its core, mission is an invitation to experience God's unconditional, compassionate, life-giving love and to want to share it with everyone, everywhere. Pope Leo XIV states that our Church is increasingly called to be 'a missionary Church that opens its arms to the world, proclaims the Word... and becomes a leaven of harmony for humanity'.

Parents of children due to start school in September

2026, are warmly invited to visit **St. Francis' Catholic Primary School** for our **Open Day**. **Dates:** 21st October, 6th November and 2nd December.

Time: 9:00 – 10:00 am and 1:30 – 2:30 pm

Location: Maryland Park (entrance on Bow Street), London E15 1HB.

No booking required just arrive at the specified time on the days above. Come and see our wonderful school in action! Meet our Head Teacher, teachers, and pupils, tour our Reception classrooms, and discover how faith, learning, and community are at the heart of everything we do. We look forward to welcoming both parish and local families interested in giving their child the best start to their education in a nurturing Catholic environment. Individual tours are also available by request.

ALTAR SERVER FORMATION & CELEBRATION DAY
SATURDAY 25TH OCTOBER 2025

AT

ST ANTONY'S CATHOLIC CHURCH, ST ANTONY'S ROAD, FOREST GATE, E7 9QB.

9:30am to 4:30am

See poster & flyers at the back of the Church for full details.

**2ND COLLECTION TODAY
IS FOR THE S.V.P**

FR MARIUSZ LINIK, OFM

It is with our best wishes and appreciation that we announce that **Fr Mariusz** is leaving us, and is being transferred to Ireland on **26th October 2025**. He will be missed, and we know that the Community and Parishioners would like to express their gratitude to him for his contribution to the Parish of **St Francis of Assisi**, and our sincere thanks and prayers go with him.

LINDA POTTER, R.I.P.

We regretfully announce the recent death of one of our longstanding parishioners. Linda died on **6th October 2025**.

Help Needed

There are many tasks involved in running such a big and diverse parish, where we value each and every member. What can you offer? Be involved! Take a copy of the list of tasks and see what you can do.

Autumn All4Free event is supporting families in need with baby items, kids clothes, toys, books, school uniforms, shoes, kitchenalia, gadgets... **on Sunday, 26th of October, from 1-3pm at the Royal Docks Centre for Sustainability, UEL, University Way London, E16 2RD (DLR Cyprus).** Everyone welcome! No questions asked! We respect the dignity of people and no one should be refused clothes, shoes - it's essentials and not luxuries. Keeping the children warm and comfortable, mums feeling beautiful, treating themselves to some new garment - for free! Whilst at the same time we prevent pre loved clothes, shoes, books, toys from going into landfill, we prevent more clothes being produced and bought, at the cost of low paid labour and our environment. We accept donations on the day from 11am at the venue. All4Free events are community events, we have a nursing room, a kids play area where the little ones can play together (and keep the toys), we provide hot drinks and we want everyone to feel welcome and to feel a sense of togetherness, no one is alone, we are all one community!

