

For Healing

Merciful God, we claim your promises of wholeness as we pray for those who are ill in body or mind, who long for your healing touch. Make the weak strong, the sick healthy, the broken whole and confirm those who serve them as agents of your love. Then all shall be renewed in vigor to point to the risen Christ, who conquered death that we might live eternally. Amen.

Prayer for Self-Dedication

Almighty God,
So draw our hearts to you,
So guide our minds,
So fill our imaginations,
So control our wills,
That we may be wholly yours,
Utterly dedicated to you.
Use us as you will,
Always to your glory and the welfare of your people;
Through our Lord and Saviour Jesus Christ,
Amen.

Act of Contrition
Almighty God, our heavenly Father,
I have sinned against you and against others,
in thought and word and deed, through
negligence, through weakness, through my
own fault.
I am truly sorry for my sins. Amen

The Angelus

V. The Angel of the Lord declared unto Mary,
R. And she conceived of the Holy Spirit.

Hail Mary

V. Behold the handmaid of the Lord,
R. Be it done unto me according to thy word.

Hail Mary

V. And the Word was made flesh,
R. And dwelt among us.

Hail Mary

V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

Let us pray: Pour forth, we beseech thee, O Lord, thy grace into our hearts;
that we, to whom the Incarnation of Christ, thy Son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection.
Through the same Christ, our Lord.
Amen.

The Regina caeli **Queen of Heaven** is said in place of the Angelus during Eastertide.

V. Queen of Heaven, rejoice, alleluia.

R. For He whom you did merit to bear, alleluia.

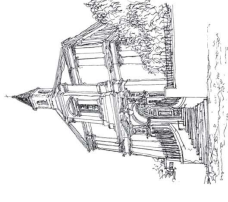
V. Has risen, as he said, alleluia.

R. Pray for us to God, alleluia.

V. Rejoice and be glad, O Virgin Mary, alleluia.

R. For the Lord has truly risen, alleluia.

Let us pray. O God, who gave joy to the world through the resurrection of Thy Son, our Lord Jesus Christ, grant we beseech Thee, that through the intercession of the Virgin Mary, His Mother, we may obtain the joys of everlasting life. Through the same Christ our Lord. Amen.



St Francis of Assisi

Grove Crescent Road,
Stratford, London E15 1BJ
Tel: 020 8534 1964

Sometimes words come easily. Sometimes even silence is too noisy. God knows our needs and waits patiently for us.

Peace Prayer of Saint Francis

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.

O divine Master, grant that I may not so much seek to be consoled as to console,
to be understood as to understand,
to be loved as to love.

For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life. Amen.

Prayer of Saint Francis Before the Cross

Most high glorious God, enlighten the darkness of my heart,
Give me a right faith,
a sure hope and a perfect charity.
Grant me wisdom and knowledge that I may keep your holy and true commandment.

In Time of Grief

Flood of sorrow, flood of tears
Like the flood of ancient years
Now in grief my world is drowned
Storm and cloud are all around
Pull me to the ark of love
Set your rainbow high above
Let my world grow new and green
Let the tree of peace be seen.

Memorare

Remember, O most gracious Virgin Mary,
that never was it known that anyone who
fled to thy protection, implored thy help,
or sought thy intercession, was left
unaided.
Inspired by this confidence I fly unto thee,
O Virgin of virgins, my Mother.
To thee do I come, before thee I stand,
sinful and sorrowful.
O Mother of the Word Incarnate, despise
not my petitions, but in thy mercy hear
and answer me. Amen.

Serenity Prayer

God grant me the serenity
to accept the things I cannot change,
courage to change the things I can,
and wisdom to know the difference.

Prayer of Saint Columba

Lord be a bright flame before me,
Be a guiding star above me,
Be a smooth path below me,
Be a kindly shepherd behind me,
Today and for evermore. Amen

Julian of Norwich "But all shall be well,
and all shall be well and all manner of
thing shall be well."

Prayers Answered

I asked for strength and God gave me
difficulties to make me strong,
I asked for wisdom and God gave me
problems to solve,
I asked for prosperity and God gave me
brawn and brain to work,
I asked for courage and God gave me
dangers to overcome,
I asked for patience and God placed me in
situations where I was forced to wait,
I asked for love and God gave me troubled
people to help,
I asked for favours and God gave me
opportunities,
I received nothing I wanted,
I received everything I needed,
My Prayer Has Been Answered.

Prayer of Saint Francis

We adore you
Most Holy Lord Jesus Christ
Here and in all your churches
Throughout the world,
And we bless you because
By your holy Cross you have redeemed
the world.

Prayer at the End of the Day

Save us, Lord, while we are awake;
protect us while we sleep; that we may
keep watch with Christ and rest with him
in peace.

Our Father,

who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary, full of grace,
the Lord is with you.
Blessed are you among women,
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen

Glory be to the Father, and to the Son,
and to the Holy Spirit:

As it was in the beginning, is now,
and ever shall be, world without end. Amen

We Celebrate Mass

See website for Mass times and other information
about the parish.

Website: StFrancisAssisistatford.com